Weekly COVID-19 Update — August 14 2021: Positive Cases and Hospitalizations Increasing, Regular Testing Encouraged

DOVER (AUGUST 14, 2021) — The Delaware Division of Public Health (DPH) is providing an update on the most recent statistics related to coronavirus disease 2019 (COVID-19) in Delaware, as of 6 p.m. Thursday, August 12, 2021.

A total of 113,853 positive cases of COVID-19 among Delaware residents have been reported to DPH since March 11, 2020. The seven-day average of new positive cases increased to 225.6 as of Thursday, August 12, 2021.

As of Tuesday, August 10, the seven-day average for the percentage of total tests that were positive was 6.2% an increase from 4.8% as of Tuesday, August 10. There is a two-day lag for presenting data related to percent of tests that are positive to account for the time delay between the date of the test and the date that DPH receives the test result.

In addition, 111 individuals are currently hospitalized due to COVID-19 in Delaware, an increase of 40 from last week. Ten of the hospitalized persons are critically ill, an increase of two from last week.

A total of 1,837 Delawareans have passed away due to complications from COVID-19. Two deaths were reported in the past week. The total number of individuals who have died from COVID-19 range in age from younger than 5 to 104 years old. Of those who have died, 929 were female and 908 were male. A

total of 907 individuals were from New Castle County, 383 were from Kent County, and 547 were from Sussex County.

Expanded COVID-19 Vaccine EUAs for Dose Third Dose in Certain Immunocompromised Persons:

Friday, after the U.S. Food and Drug Administration amended the emergency use authorizations (EUAs) for both the Pfizer-BioNTech COVID-19 Vaccine and the Moderna COVID-19 Vaccine to allow for the administration of an additional dose in certain immunocompromised individuals, the CDC endorsed that Providers may administer a third dose of recommendation. either the Pfizer or Moderna vaccines to individuals in the following categories who received either vaccine the first time: recipients of organ or stem cell transplants, people with advance or untreated HIV infection, active recipients of treatment for cancer, people who are taking some medications that weaken the immune system, and others. The third dose may only be administered at least four weeks (28 days) after completing the original two-dose vaccine series. This guidance does not apply to immunocompromised persons who received the J&J vaccines as the FDA and CDC did not have adequate data to make the same recommendation. Emerging data suggest some people with moderately to severely compromised immune systems do not always build the same level of immunity compared to people who are not immunocompromised, and as a result may benefit from a third dose of the mRNA vaccines. At this time, the CDC does not recommend additional doses or booster shots for any other population. For more information, visit https://www.cdc.gov/coronavirus/2019-ncov/vaccines/recommenda tions/immuno.html.

DPH Encourages Testing After Participating in Large Gatherings and **Events**:

Given the significant increase in recent COVID-19 cases and

the large number of gatherings and events that traditionally take place this month, it is recommended that individuals get tested if they have attended a large public gathering such as a concert, community-based event, or any such event where social distancing was not possible and the vaccination status of others is unknown. You should also get tested if you attended gatherings such as birthday parties, off-to-college parties, or weddings where people were in close contact and you were unable to confirm vaccination status of those around you, especially if the gatherings were indoors. A list of testina locations at can bе [de.gov/gettested]de.gov/gettested. Additionally, at-home test options are listed on the site, including take-home COVID-19 test kits available at Delaware Libraries. These rapid antigen test kits produce results in as little as 15 minutes and are meant for you to have on hand at home if someone develops symptoms. If you have symptoms of COVID-19, do not come to a library for a test kit.

Update to Emergency Mask Regulation:

The Department of Health and Social Services and the Department of Education made technical corrections to Thursday's emergency face mask regulations. The updated orders are here and the requirements remain the same as previously announced: masks must be worn by staff, visitors, and kindergarten-aged students and above inside school buildings and child care centers whenever children are present. Schools and child care centers are strongly encouraged to require masks for children ages 2-4.

COVID-19 Vaccinations:

According to data from the Centers for Disease Control and Prevention (CDC), 74% of Delawareans ages 18+ have received at least one dose of the vaccine. As of 12:01 a.m. August 13, 2021, a total of 1,080,285 administered doses of the COVID-19 vaccine have been reported to the state's immunization

information system, DelVAX. Among Delawareans 12+, 541,301 have received at least one dose of the COVID-19 vaccine, and 478,681 Delawareans are fully vaccinated. Delaware's latest COVID-19 vaccination statistics can be found under the Vaccine Tracker dashboard at de.gov/healthycommunity.

Vaccines are the best protection we have against COVID-19 and circulating variants. For the latest information on the COVID-19 vaccine and the vaccination rollout in Delaware, visit de.gov/covidvaccine.

COVID-19 Case Vaccination Status Report:

DPH will be providing a weekly breakdown of vaccination status for cases, deaths, and hospitalizations in the Friday press releases. This first report captures the time frame for August 2 — August 8. The report highlights the significant percentage of cases and hospitalized individuals who are unvaccinated, or only partially vaccinated, in Delaware. Vaccination continues to be the most important factor in reducing deaths and hospitalizations from COVID-19.

Weekly Overview (8/2 – 8/8)			
Cases			
Total Unvaccinated/ Partially Vaccinated Cases	1024		
Total Cases	1293		
Percent of Unvaccinated / Partially Vaccinated Cases	79%		

Deat	:hs		
Unvaccinated/			
Partially			
Vaccinated			
COVID-19			
Deaths	2		
COVID-19			
Deaths	4		
Percent of			
Unvaccinated			
/ Partially			
Vaccinated			
COVID-19			
Deaths	50%		
Hospitali	zations		
Unvaccinated/			
Partially			
Vaccinated			
Hospitalized			
Cases	64		
Total			
Hospitalized			
Cases	75		
Percent of			
Unvaccinated			
/ Partially			
Vaccinated			
Hospitalized			
Cases	85%		

Breakthrough Cases

To date, 478,681 Delawareans have been fully vaccinated. Of those, there have been 904 breakthrough cases of COVID-19, occurring in approximately **two-tenths of 1 percent** of vaccinated individuals. Thirty of the reported breakthrough

cases identified since vaccinations began, involved hospitalizations and 10 individuals passed away, although it does not mean COVID-19 was the cause of death. Breakthrough cases continue to be extremely rare given the total number of persons who are fully vaccinated, and the science is clear, the best way to prevent serious illness from COVID-19 is to get vaccinated.

A breakthrough case is defined as testing positive for COVID-19 after an individual has been fully vaccinated for two weeks or more — although it does not mean that the infection actually occurred after vaccination.

Update on COVID-19 Variant Cases in Delaware

As of Friday, August 13, the Division of Public Health has identified the following COVID-19 variants in Delaware through routine surveillance of test specimens. These variants are based on the Centers for Disease Control and Prevention (CDC) list of Variants of Concern and Variants of Interest. Seventy-four percent of the 46 test samples sequenced at the DPH Lab were positive for a variant strain, as were five additional specimens sequenced at an outside lab. This brings the total of variant positive samples to 39 for the week. All were identified as the Delta variant strain.

Variants of Concern				
Variant	Origin	# of cases		
Alpha/B.1.1.7	United Kingdom	992		
Beta/B.1.351	South Africa	1		
Gamma/P.1	Brazil	63		
Delta/B.1.617.2	India	119		

Variants of Interest				
Variant	0rigin	# of cases		

Eta/B.1.525	UK/Nigeria (formerly New York, US)	2
Iota/B.1.526/B.1526.1	New York, US	329
Epsilon/B.1.427	California, US	10
Epsilon/B.1.429	California, US	11

The Delaware Public Health Laboratory has sequenced 3,603 specimens for COVID-19 variant strains to date, including 46 within the past week. In aggregate, the cases include 1,260 adults ranging in age from 18-98, as well as 266 individuals under the age of 18. One thousand one hundred and forty-three individuals were from New Castle County, 199 were from Kent County and 184 were from Sussex County.

Virus mutation is common. Sequencing for variants is a complex process and not used for diagnosing COVID-19. It is used after a positive case of COVID-19 has been identified for surveillance purposes, or in identifying the presence of a variant strain in the community. When variant strains are identified, public health approaches and treatments do not currently change. But because these variants may spread more easily, it is even more important that unvaccinated individuals who are more susceptible to getting COVID-19 continue taking the necessary steps to avoid spreading the virus — wearing a mask, washing your hands, and being cautious when attending large gatherings.

The science is clear that the vaccines are extremely safe and effective even against variants — and Delawareans who are fully vaccinated have significant protection from COVID-19 infection and serious illness. We would encourage all Delawareans to get vaccinated — de.gov/getmyvaccine.

For more information regarding CDC variant classifications, visit https://www.cdc.gov/coronavirus/2019-ncov/cases-updates/variant-surveillance/variant-info.html.

DPH COVID Vaccine Mobile Units:

DPH in partnership with medical staff from the Delaware National Guard (DNG) have launched mobile units to offer COVID-19 vaccines in underserved communities. Medically trained DNG staff are offering the Pfizer vaccine (for ages 12+) and the Johnson & Johnson vaccine (for persons 18+). These mobile units are visiting communities with low vaccination rates in an effort to eliminate potential barriers to access. The mobile units, which utilize trailers to transport the vaccine and provide vaccinations, are scheduled to visit these communities in New Castle, Kent and Sussex counties next week. COVID-19 testing will be available at each location.

Tuesday, August 17

Redner's Warehouse Markets, Dover, 10:00 a.m. - 12:00 p.m.

Lowes, Dover, 1:00 p.m. - 3:00 p.m.

Wednesday, August 18

The Goodwill Center, Wilmington, 11:00 a.m. - 2:00 p.m.

Wilmington Farmers Market, Wilmington, 10:00 am -2:00 p.m.

Thursday, August 19

Laurel Junction, Laurel, 10:00 a.m. - 12:00 p.m.

Greenwood Fire Department, Greenwood, 1:00 p.m. - 3:00 p.m.

Helen Chambers Park, Wilmington, 1:00 p.m. - 4:00 p.m.

*dates may be rescheduled if there is inclement weather

For a full list of community-based events statewide including those organized by vaccinating partners and community groups at de.gov/getmyvaccine.

Long-term Care Statistics

As of 6:00 p.m. Thursday, August 12, there have been a total of 2,796 positive COVID-19 cases involving long-term care residents, and 825 residents of Delaware long-term care facilities have died from complications related to COVID-19.

Symptoms and Testing

It's especially important for unvaccinated persons, to be aware of, and self-monitor for, the symptoms of COVID-19. Even fully vaccinated persons should get tested if they develop symptoms or have been exposed to someone with COVID-19.

If you are sick with any of the following symptoms, stay home: fever, cough, shortness of breath, sore throat, muscle aches, fatigue, chills, shaking with chills, loss of smell or taste, nausea or vomiting, diarrhea, or headache or congestion or runny nose without a known cause such as allergies. Other symptoms such as abdominal pain or lack of appetite have been identified as potential symptoms related to COVID-19 and may prompt further screening, action or investigation by a primary care provider.

Individuals with general questions about COVID-19 should call Delaware 2-1-1, individuals who are deaf or hard of hearing can text their ZIP code to 898-211, or email delaware211@uwde.org. Hours of operation are:

Monday - Friday: 8:00 a.m. to 9:00 p.m.

Saturday: 9:00 a.m. to 5:00 p.m.

Medically related questions regarding testing, symptoms, and health-related guidance can be submitted by email at DPHCall@delaware.gov.

Delawareans 18 or older are encouraged to download COVID Alert DE, Delaware's free exposure notification app to help protect

your neighbors while ensuring your privacy. Download on the App Store or Google Play

Questions related to business re-openings or operations as businesses re-open should go to COVID19FAQ@delaware.gov. Questions regarding unemployment claims should be emailed to: UIClaims@delaware.gov.

DPH will continue to update the public as more information becomes available. For the latest on Delaware's response, go to de.gov/coronavirus.